

# bounce back.



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## WELCOME to our Summer Newsletter

### TRAINING Expansion



Through our ongoing partnership with Novus we are delighted to now be in HMP's Isis and Feltham and able to increase our CSCS work in HMP

Brixton. This all helps to get more people in to work on leaving prison and the demand from the prisoners is very high.

### OUT FOR GOOD Great success

With so much in the news that is bad, we are thrilled that the Out for Good project in HMP Brixton, funded by Sheriffs and Recorders, has been such a success.



Partnering Prospects/NCS we have engaged with people in the last 6 months of their sentence and worked with employers including TFL, Youngs, Keltbray and Tideway, all of whom have been totally committed to driving success for the prisoners they've been working with. Their outstanding support has enabled us to place a number of people into work and exceed all our targets. We look forward to continuing to work with both the participants and employers over the next year.

### RISING STAR Keaton Sinclair

Keaton has been rising through the ranks of Keltbray for over 18 months. Pictured here with Debbie Akehurst of Landsec he was recognised in their 2016 awards. We met Keaton in HMP Isis where we worked with him to complete his CSCS card and start his career. He was always an enthusiastic employee and after initial support with Bounce Back and Landsec, he went straight into work with Keltbray. A keen football supporter, Keaton has demonstrated a great attitude throughout and now continues to progress his career with Keltbray.



Building trade supplier Toolstation have given a very generous donation which has been used to fund starter kits for each of the trainees moving into work.



Alandale have continued to give us more scaffolding equipment for the training centre.



Smart Scaffolder have provided CAD equipment for the scaffolding team.



### MENTAL HEALTH Awareness



With mental health issues prevalent in prison we introduced our Happy Sad Dolls in support of Mental Health

Awareness Week. The dolls encourage people to talk about their feelings and emotions – as one prisoner confessed “The hardest thing is not being able to tell your children how you feel”. They are available to buy on line at [our shop](#).

Gypsumtools are a previous donor and it was great to welcome them to the Dry Lining centre to see the Level 5 Automatic Taping kit they provided in action.



### FIS Lunch



We were honoured to receive such a warm welcome to the second FIS lunch - this time announcing the winners of the Contractors Awards. It was fantastic to see so many industry people. Thanks to the amazing support of everyone that attended we raised over £5,000 via donations and the unique auction.

We have also been busy on the fundraising front with a COLOUR Run! 9 enthusiastic Bounce Back staff intrepidly donned a white T shirt, only get themselves covered from head to toe in a rainbow of paint during the 5k Colour Run in Wembley Park. A great team effort and between them raising almost £1000.



MADE OF DOUGH Donations Voted 1st and 2nd best pizza restaurants in London, Made of Dough have added 20p to every bill in their Peckham restaurant with proceeds coming to support our work. We absolutely love their pizzas from the takeaway outlet in Pop Brixton and really recommend the restaurant. [www.madeofdough.co.uk/](http://www.madeofdough.co.uk/)

### HOUSING 2017



It was very good to be on the panel with representatives of CITB and Coventry City Council at Housing 2017 in Manchester. The session, entitled ‘Mind the Skills Gap – creating aspirational career opportunities in construction’ gave us an opportunity to discuss what we do in that sector.

### BOUNCE BACK Orange

Did you know.... Orange is the colour of stimulation and motivation. Researchers have found that it can increase oxygen to the brain to deliver an energising effect.

It is also possible for you to FUNDRAISE just by shopping! If you register with Easyfundraising, when you shop on line with selected retailers, they will give us a donation. We would love it if you would please [sign up here](#)

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